



MENTAL HEALTH AND SUBSTANCE USE IN THE TIME OF COVID-19: A BORDER PERSPECTIVE

Thursday, April 8, 2021 • Noon - 5:10 p.m.

CONFERENCE OVERVIEW AND TARGET AUDIENCE

This live activity is designed to educate community members on the effects of COVID-19 and the ways in which community services have adapted. The goal is to educate our community on how to provide and access appropriate services.

This educational intervention is intended for physicians, nurse practitioners, registered nurses, social workers, licensed professional counselors, licensed chemical dependency counselors, community health workers and other interested health care providers.

LEARNING OBJECTIVES

Following the conference, the participant should be able to:

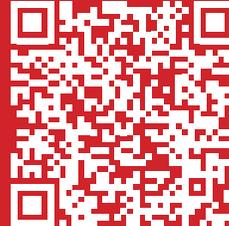
- + Use local knowledge of how the mental health of the border region has been affected by COVID-19 to enhance the effectiveness of your agency's work.
- + Review border region statistics on substance use disorders to improve prevention, identification and treatment in the population you serve.
- + Add new resources to your toolbox so those who you serve have increased access to the highest quality of pandemic-appropriate services.
- + Dialogue with your colleagues across the region and state to share best practices in these rapidly changing times.

CONFERENCE INFORMATION

The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine reserves the right to cancel this symposium or make speaker substitutions in the event of unforeseen or extenuating circumstances.

To claim CME credit, participants must log on using their full name and remain logged on for a minimum of 75%, if not the entirety of the CME activity. Webex attendance logs with entry and exit time stamps will be used to validate attendance requirements.

*Please note: If you are a call-in user, your name will not appear as an attendee. Therefore, we will not be able to verify your attendance for credit purposes.



REGISTRATION

There is no registration fee for this activity.

<https://ttuhscep.zoom.us/meeting/register/tZMud-CsqT8oHNEEWyOCVeCm6s2cr65BJfe8>

ACCREDITATION DESIGNATIONS

CME ACCREDITATION AND DESIGNATION

The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Texas Tech University Health Sciences Center El Paso Paul L. Foster School of Medicine designates this live activity for a maximum of 3 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS AND PROFESSIONAL RESPONSIBILITY

This activity provides 1 CME credit toward the annual requirement of the Texas Medical Board for continuing medical education credit in Medical Ethics or Professional Responsibility.

NURSING ACCREDITATION AND CREDIT

University Medical Center of El Paso is an approved provider with distinction of nursing continuing professional development by the

Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides up to 3 contact hours for successful completion of this educational activity.

LICENSED PROFESSIONAL COUNSELORS/ LICENSED SOCIAL WORKERS

The El Paso Child Guidance Center is an approved Continuing Education Service provider by the Texas Behavioral Health Executive Council to offer continuing education contact hours to Licensed Professional Counselors (#2558) and to Licensed Social Workers (#6977). This activity provides up to 3 continuing education contact hours for successful completion of this educational activity.

COMMUNITY HEALTH WORKERS

3 noncertified hours for community health workers by Texas Tech University Health Sciences Center El Paso Desert Mountain AHEC.

TIME	TOPIC	SPEAKER/MODERATOR
Noon - 12:30 p.m.	Introductions	Sarah L. Martin, M.D.
12:30 - 1 p.m. .50 AMA PRA Category 1 Credits™ .50 CME Ethics Credit	Main room: Mental Health Implications of Human Trafficking: A COVID-19 Perspective	Ijeoma Ibeanu, M.D., M.P.H.
1 - 1:30 p.m. .50 AMA PRA Category 1 Credits™	Main room: Pandemics and Alcohol, Tobacco and Other Drugs: How COVID-19 May Trick Us into Thinking Substance Use Disorder has Improved	Michelle Denise Millen, M.A.
1:30 - 2 p.m. .50 AMA PRA Category 1 Credits™	Main room: Managing Stress and Maintaining Wellness During the COVID-19 Pandemic	Melanie Olivas Longhurst, Ph.D., M.Ed.
2 - 2:10 p.m.	TEN MINUTE BREAK	
2:10 - 2:40 p.m. .50 AMA PRA Category 1 Credits™ .50 CME Ethics Credit	Main room: Fear in the Time of COVID-19: Anxiety, Depression and Suicide, Looking Beyond the Abyss	Cynthia E. Garza, J.D., M.D.
2:40 - 3:40 p.m. 1.00 AMA PRA Category 1 Credits™	Main room, Panel Discussion: Resources - Evolving in the Pandemic	<i>Moderator</i> - Sarah L. Martin, M.D. <i>Aliviane</i> - Carolina Gonzalez, LPC-S, LCDC and Ivonne Tapia, M.A., LCDC, LPC-S, ACPS <i>EPCGC</i> - Kathy Revtyak, LCSW-S <i>EHN</i> - Angel M. Rodriguez - Chevres, M.D., Luis Antonio Chavarria, M.B.A., QMHP-CS <i>Project Vida</i> - David Godinez, B.A. and Cynthia E. Garza, J.D., M.D.
3:40 - 4 p.m.	CLOSING REMARKS AND EXPLAIN BREAKOUTS	Sarah L. Martin, M.D.
4:10 - 5:10 p.m.	BREAKOUT ROOM 1: TTUHSC El Paso - Human Trafficking	Ijeoma Ibeanu, M.D., M.P.H. and Laura Moreno, LPC
	BREAKOUT ROOM 2: Aliviane	Carolina Gonzalez, LPC-S, LCDC and Ivonne Tapia, M.A., LCDC, LPC-S, ACPS
	BREAKOUT ROOM 3: TTUHSC El Paso - Managing Stress and Maintaining Wellness	Melanie Olivas Longhurst, Ph.D., M.Ed.
	BREAKOUT ROOM 4: Project Vida	David Godinez, B.A., and Cynthia E. Garza, J.D., M.D.
	BREAKOUT ROOM 5: El Paso Child Guidance Center Child & Family Mental Health During COVID	Kathy Revtyak, LCSW-S
	BREAKOUT ROOM 6: Mental Health Awareness Training/Mental Health Learning Library	Angel M. Rodriguez - Chevres, M.D., Luis Antonio Chavarria, M.B.A., QMHP-CS
	BREAKOUT ROOM 7: Aliviane - Pandemics and Alcohol, Tobacco, and Other Drugs	Michelle Denise Millen, M.A.

PLANNING COMMITTEE

Sarah L. Martin, M.D.

Chief, Division of Child and Adolescent Psychiatry
CPAN/TCHAT Medical Director
Assistant Professor, Department of Psychiatry
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Ashley Armendariz

TIC Coordinator
El Paso Child Guidance Center
El Paso, Texas

Daniel Camacho, M.A.

Director
Desert Mountain AHEC
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Edgar Fuentes, B.S.

CBE Coordinator
Desert Mountain AHEC
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Carolina Gonzalez, LPC-S, LCDC

Outpatient Services Administrator
Aliviane, Inc.
El Paso, Texas

Celia Gonzalez-Najera, B.S.N, R.N.

Primary Nurse Planner/Nurse Educator
University Medical Center of El Paso
El Paso, Texas

Adrienne Harrel, M.S.

Unit Manager – Telemedicine
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Mario R. Hernandez, B.S.W., M.Ed., CHES

Training Specialist
Department of Public Health
City of El Paso
El Paso, Texas

Ijeoma Ibeanu, M.D., M.P.H.

Department of Psychiatry
Chief Fellow, Child and Adolescent Psychiatry
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Cynthia Ogaz, D.B.A., M.B.A.

Unit Associate Director, Office of Continuing
Medical Education
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Flor Reyes, B.E.

Lead Analyst
Desert Mountain AHEC
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

PROGRAM FACULTY

Luis Antonio Chavarria, M.B.A., QMHP-CS

Manager of Community Education
Emergence Health Network
El Paso Center for Mental Health/Intellectual Disabilities
El Paso, Texas

Cynthia E. Garza, J.D., M.D.

Staff Psychiatrist
Project Vida
El Paso, Texas

David Godinez, B.A.

Program Manager
Project Vida Health Center
El Paso, Texas

Carolina Gonzalez, LPC-S, LCDC

Outpatient Services Administrator
Aliviane, Inc.
El Paso, Texas

Ijeoma Ibeanu, M.D., M.P.H.

Department of Psychiatry
Chief Fellow, Child and Adolescent Psychiatry
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Melanie Olivas Longhurst, Ph.D., M.Ed.

Assistant Professor
Psychology Training Director
Department of Psychiatry
Texas Tech University Health Sciences Center El Paso
El Paso, Texas

Michelle Denise Millen, M.A.

Data Coordinator
Aliviane, Inc.
El Paso, Texas

Laura Moreno, LPC

Victim Assistance Specialist
Department of Homeland Security
Homeland Security Investigations SAC
El Paso, Texas

Kathy Revtyak, LCSW-S

Chief Program Officer
El Paso Child Guidance Center
El Paso, Texas

Angel M. Rodriguez-Chevres, M.D.

Psychiatrist
Chief Medical Officer
Emergence Health Network
El Paso, Texas

Ivonne Tapia, M.A., LCDC, LPC-S, ACPS

Chief Executive Officer
Aliviane, Inc.
El Paso, Texas



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