



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER...
EL PASO

Paul L. Foster School of Medicine
Department of Orthopaedic Surgery & Rehabilitation

Ortho Department Updates Jan – March 2022

Happy Spring!

New Staff

Please welcome our new employees:

Marcos Diaz-de-Leon – Surgery Scheduler

Rafael Ponce – Nurse Practitioner

Melissa Gabaldon – Senior LVN

Angelica Quintana – Medical Secretary

Congratulations to:

Dr. Ahmed Thabet for being named a [Texas Super Doctor of 2021!](#)

Dr. Adam Adler for his promotion effective Sept 1st to **Associate Professor!**

Dr. Gilberto Gonzalez for becoming a U.S. citizen!

Amanda Herrera on having her baby!

Rick Peraza for his promotion to Senior Medical Secretary!

Lorena Juarez for earning her bachelor's degree!

Kevin Juarez for getting his Cast Tech certification!

Brianna Godinez for finishing her Clinical Research Coordinator course!

Anahi Reyes and **Miriam Guzman** for 3+ years of CMA service to the department!

From Unit Manager Crystal Villa during employee appreciation week, 3/1 – 3/5:

"I am very proud of everyone – we appreciate everyone's dedication and hard work!"

4801 Alberta Avenue | El Paso, Texas 79905
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New Orthopaedic Residents



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Residency Class of 2027





Josh Hansen
Uniformed Services
University of Health
Sciences



Marc Nicholes
University of Incarnate
Word SOM



Alexis Sandler
George Washington
University SOM



Annette Yoon
Uniformed Services
University of Health
Sciences



Chris Bacak
The University of
Texas Health Science
Center at San Antonio
Long SOM

Conferences

Dr. Adler – Physician Wellness & Financial Literacy Conference (PWFLC).	February 9 th – 12 th , 2022.
Dr. Thabet – Pediatric Fixation Course.	February 10 th – 12 th , 2022. Dell Medical School, Austin, TX
Nilda Martinez and Monica Duran – The National Conference on Wilderness Medicine.	February 26 th – March 2 nd , 2022. Big Sky Ski Resort, MT
Dr. Adler and Dr. Diamond: Surgery/Trauma Grand Rounds. Amputation Care: From Scratch to Hatch.	March 17 th , 2022. TTUHSC El Paso
Dr. Rajani and Dr. Thabet – American Academy of Orthopaedic Surgeons (AAOS).	March 22 nd – 26 th , 2022. Chicago, IL

Upcoming:

- Several of our medical students have abstracts accepted for the **1st Annual Medical Student Orthopedic Symposium (MSOS)**, April 10th, 2022.
 - To register for free, click [here](#) (for non-students, "Year in Medical School" is arbitrary).
- Several of our medical students submitted abstracts for [TTUHSC EP's 14th Annual Research Symposium](#), April 19th – 21st, 2022.

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Patient Information Resources

OrthoInfo (<https://orthoinfo.aaos.org/>)

and

OrthoKids (<https://orthokids.org/>)

are great educational resources for patients, in both English and Spanish

from the American Academy of Orthopaedic Surgeons

OrthoInfo Diseases & Conditions Treatment Recovery Staying Healthy Search OrthoInfo

Our knowledge of orthopaedics. Your

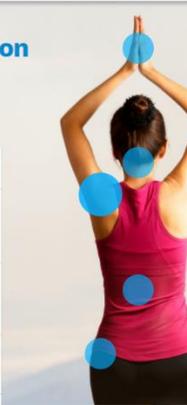
Find information by body part

About Your Shoulder

DISEASES & CONDITIONS
Shoulder Pain and Common Shoulder Problems

TREATMENT
Rotator Cuff Tears: Surgical Treatment Options

RECOVERY
Shoulder Surgery Exercise Guide



orthoKids
PEDIATRIC ORTHOPAEDIC SOCIETY OF NORTH AMERICA

- CHAMPION CAUSES
- COMMUNITY
- CONDITIONS
- DEAR DOCTOR
- HEALTH & FITNESS
- I BROKE MY...
- SAFETY
- SPORTS INJURY PREVENTION
- TREATMENTS & SURGERY
- NEWS
- ADDITIONAL RESOURCES
- DONATE
- ABOUT US

POSNA.org

Welcome to OrthoKids

OrthoKids is the website for kids as well as parents to learn about pediatric orthopaedic conditions, injury prevention, and treatment. Everything on OrthoKids is provided by members of the Pediatric Orthopaedic Society of North America (POSNA), so parents and kids know that this is information that they can trust!

But first...

> [What is a Pediatric Orthopaedic Surgeon?](#)

The Human Body

You are born with 270 bones! But, by the time you become an adult, you only have 206 bones because some of the bones join together as you grow. Bones support and protect the organs in your body, produce blood cells, store minerals, and allow your joints to move. Your bone is alive and can repair itself if it is broken. Bone can get bigger and stronger from exercise or lifting weights and smaller and weaker if you don't exercise enough.

Hover over the skeleton to learn all of the bones!



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