

HEALTH SUPERVISION VISIT (MS III)

Skills

1. Demonstrate an ability to provide age-appropriate anticipatory guidance about
 - a. Nutrition
 - i. Obtain a dietary history in children of different ages that includes:
 1. Infants: type, amount, and frequency of breast or formula feeding, solid foods, and dietary supplements (vitamins, iron, fluoride)
 2. Toddler/school age child: milk, juice, soda, fast foods, and meal patterns
 3. Adolescents: meal patterns, nutritional supplements, milk, juice, soda, alcohol, snacking, and fad diets
 - ii. Provide nutritional advice to families regarding the following:
 1. Addition of solids to an infant's diet
 2. Introduction of cow's milk to an infant's diet
 3. Healthy food choices for children and adolescents
 4. Exercise and TV or video viewing and their effect on obesity
 - b. Behavior
 - c. Immunizations
 - d. Injury prevention
 - e. Pubertal development
 - f. Infants: type, amount and frequency of breast or formula feeding, solid foods, and dietary supplements (vitamins, iron, fluoride)
 - g. Toddler/school age child: milk,

Processes

1. During the course of the Pediatric Clerkship, all students should conduct a health supervision visit for:
 - a. An infant
 - b. Toddler
 - c. School -aged child
 - d. Adolescent
2. All students on the Pediatric Clerkship should see a patient or patients with self or parental concerns or questions about appropriate nutrition (e.g. failure to thrive, questions about breast vs. bottle feeding, questions about switching to formula, when to add solids).
3. Provide age-appropriate anticipatory guidance for the following:
 - a. Motor vehicle safety
 - b. Infant sleeping position
 - c. Falls
 - d. Burns
 - e. Poisoning
 - f. Fire Safety
 - g. Choking
 - h. Water safety
 - i. Bike safety
 - j. Sexually transmitted diseases
 - k. Firearms and weapons